

## **CO-ED THEATRE CAMP**

Dates: June 29 - July 2  
Monday - Thursday 1:00 PM - 5:00 PM in auditorium  
Enrollment: Grades 7 - 12  
Camp Director: Shelley Stoltz  
Registration Fee: \$250.00

Top level instructor, theatre games, improvisation, acting skills, voice projection, characterization, scene study, & musical theatre.

## **CO-ED POLYMER CLAY I COURSE**

Dates: July 6 - July 9  
Monday - Thursday 8:30 AM - 12:30 PM in Room 302  
Enrollment: Grades 7 - Adult  
Course Instructor: Carolyn Bibow  
Registration Fee: \$250.00, Additional Material Fee: \$35.00

Top level instructor, basic techniques of polymer clay, colorful plastic based clay turns into hard plastic when baked. Learn to use a pasta machine & knife to create exciting & colorful canes. Projects include making a pen, hair barrette, decorative box, and jewelry if time permits.

## **CO-ED CHINESE BRUSH PAINTING COURSE**

Dates: June 29 - July 2  
Monday - Thursday 1:00 PM - 5:00 PM in Room 302  
Enrollment: Grades 7 - Adult  
Course Instructor: Carolyn Bibow  
Registration Fee: \$250.00, Additional Material Fee: \$35.00

Chinese brush painting is an ancient art that utilizes the mastery of line. You will learn the traditional Chinese brush painting of bamboo, orchid, and more. You will also learn how to use the ink stick, ink stone, and how to properly load a bamboo brush in order to create beautiful paintings. We will spend some time outdoors painting bamboo trees.

## **CO-ED FUN AND EASY PAINTING COURSE**

Dates: July 6 - July 9  
Monday - Thursday 1:00 PM - 5:00 PM in Room 302  
Enrollment: Grades 7 - Adult  
Course Instructor: Carolyn Bibow

Registration Fee: \$250.00, Additional Material Fee: \$40.00  
Learn how to use a one stroke painting method to create beautiful and easy to paint flowers using acrylic paint. The one stroke method is a multi-loading style of decorative painting which allows you to highlight and shade in one easy stroke. A variety of fun projects will be planned. Some examples include painting a container, flower pot, picture, mirror and more.

## **CO-ED DRAWING COURSE**

Dates: July 6 - July 9  
Monday - Thursday 8:30 AM - 12:30 PM in Room 303  
Enrollment: Grades 6-12  
Course Instructor: Jody Spadaro  
Registration Fee: \$250.00 Materials Fee: \$20.00

This course will focus on drawing from direct observation. Students will work from still life set ups and spend some time drawing outside on campus. Have fun experimenting with pencils, pastels and mixed media. A good opportunity to add work to your portfolio as well as develop personal exploration and creativity.

## **CO-ED MONOTYPE COURSE**

Dates: July 6 - July 9  
Monday - Thursday 1:00 PM - 5:00 PM in Room 303  
Enrollment: Grades 6 - 12  
Course Instructor: Jody Spadaro  
Registration Fee: \$250.00 Materials Fee: \$20.00

Explore the art of monotype - a fun, spontaneous, "painterly printmaking" technique that allows the freedom to work with a variety of materials. Paint directly on the plate and create interesting surfaces and textures in a single print that cannot be obtained by painting directly on the paper.

## **NATIONAL SAFETY DEFENSIVE DRIVING COURSE**

Dates: June 29 & June 30 (Monday & Tuesday)  
6:00 PM - 9:00 PM in Room 213  
Enrollment: NYS Drivers including Drivers with a Learner's Permit  
Certified Instructor: Dale Caines

Registration Fee: \$45.00 (includes educational materials & certificate of completion for insurance company) Limited to 30 drivers per session

This six hour classroom course is taught by a National Safety Council certified instructor & a NYS Department of Education Adult Education Instructor. Upon completion of course you can receive up to a 10% discount on your vehicle liability & collision premiums for three years. Receive up to a four point reduction on your driving record with the NYS Department of Motor Vehicles. The course may be taken once every 18 months for point reduction. This course CAN NOT help with DWI.

## **GIRLS SOCCER CAMP**

Dates: July 6 - July 9  
Monday - Thursday 8:30 AM - 12:30 PM on soccer field  
Enrollment: Grades 4 - 12, girls only  
Camp Directors: Mary McNerney, Kathleen Harrigan & Sal Albanese  
Registration Fee: \$250.00

Top level coaches, instruction in foot work, ball control, movement, defense, offense, shooting, game tactics, various skill work, & strength/endurance training.

## **GIRLS GOALIE CAMP**

Dates: July 6 - July 9  
Monday - Thursday 8:30 AM - 12:30 PM on soccer field  
Enrollment: Grades 4 - 12, girls only  
Camp Director: Mary McNerney  
Registration Fee: \$250.00

Top level goalie instructors, ball work, goal kicks, goalie specific drills, punts, angles, game play, & goalie specific strength/endurance training.

## **GIRLS BASKETBALL CAMP**

Dates: June 29 - July 2  
Monday - Thursday 1:00 PM - 5:00 PM in the gym  
Enrollment: Grades 4-12, girls only Camp Director: Tara Berbenich  
Registration Fee: \$250.00

### **Designed for beginner to intermediate players**

Top level coaches, instruction in foot work and movement, passing, dribbling, shooting, foul shooting, defensive skills, & individual position instruction. Offensive and defensive strategies, campers grouped according to skill evaluation, tournament competition, individual player evaluation.

## **GIRLS GOLF CAMP**

Dates: July 6 - July 9  
Monday - Thursday 1:00 PM - 5:00 PM  
Enrollment: Grades 7 - 12, girls only  
Camp Director: Stephen Early  
Registration Fee: \$250.00 Additional Fee: \$25.00 range balls & golf

### **Designed for intermediate players Campers must bring their own clubs and putter**

Top level coach, will work on the golf swing, putting, & chipping as well as engage in discussion of golf rules & important etiquette. Play 9 holes of golf on the last day.

## **GIRLS LACROSSE CAMP**

Dates: June 29 - July 2  
Monday - Thursday 5:00 PM - 8:00 PM on lacrosse field  
Enrollment: Grades 4 - 12, girls only Camp Director: Tara Berbenich  
Registration Fee: \$200.00

Top level coaches, instruction in foot work, movement, cradling, passing, ground ball pick up, defense, offense, and shooting, campers grouped according to skill evaluation, tournament competition and individual player evaluation.

**All players must provide their own mouthpiece, approved protective goggles and stick. Goalies must bring their own equipment (gloves, helmet, mouthpiece, stick, & chest protector) EVERYTHING MUST BE CLEARLY MARKED**

## **GIRLS TENNIS CAMP**

Dates: July 7 - July 10  
Tuesday-Friday 9:00 AM - 11:00 AM on tennis courts  
Enrollment: Grades 6 - 12  
Camp Director: Carol Baldwin  
Registration Fee: \$150.00 (limit 8)

### **Designed for beginner to intermediate players**

Top level coach, instruction in foot work and movement, forehand, backhand, serving techniques, net play, overhead smash, singles and doubles strategies

## ***Our Lady of Mercy Academy 2009 Summer Camps & Courses***

[www.olma.org](http://www.olma.org)

Karen Andreone, Executive Director  
Our Lady of Mercy Academy  
815 Convent Road, Syosset, New York 11791  
(516) 921-1756 Athletic Office (516) 921-1047 Main Office

### *Co-ed Floral Design Course*

**June 3, 10, 17, 24, July 1, 8 (Grades 9 - Adult)  
6:00 PM - 8:30 PM**

### *Co-ed Comedy Course*

**June 29 - July 2 (Grades 9 - Adult)  
8:30 AM - 12:30 PM**

### *Co-ed Principles of Songwriting Course*

**June 29 - July 2 (Grades 7 - 12)  
8:30 AM - 12:30 PM**

### *Girls Volleyball Camp*

**June 29 - July 2 (Grades 4 - 12)  
8:30 AM - 12:30 PM**

### *Co-ed Dance Camp*

**June 29 - July 2 (Grades 7-12)  
8:30 AM - 12:30 PM**

### *Co-ed Chorus Camp*

**June 29 - July 2 (Grades 7-12)  
1:00 PM - 5:00 PM**

### *Co-ed Drawing & Painting with Watercolors Course*

**June 29 - July 2 (Grades 7 - Adult)  
8:30 AM - 12:30 PM**

### *Co-ed Chinese Brush Painting Course*

**June 29 - July 2 (Grades 7 - Adult)  
1:00 PM - 5:00 PM**

### *Co-ed Bookarts Course*

**June 29 - July 2 (Grades 6 - 12)  
8:30 AM - 12:30 PM**

### *Girls Fashion Design/Illustration Course*

**June 29 - July 2 (Grades 7 - 12)  
1:00 PM - 5:00 PM**

### *Co-ed CPR/AED for the Adult, Child & Infant Course*

**June 29 - June 30 (Grades 7 - Adult)  
6:00 PM - 9:00 PM**

### *Co-ed Community First Aid Course*

**July 1 (Grades 7 - Adult)  
6:00 PM - 9:30 PM**

### *National Safety Defensive Driving Course*

**June 29 & June 30 (Monday & Tuesday)  
(New York State Drivers) 6:00 PM - 9:00 PM**

### *Co-ed Theatre Camp*

**June 29 - July 2 (Grades 7-12)  
1:00 PM - 5:00 PM**

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Girls Tennis Camp

July 7 - July 10 (Grades 6 -12)  
9:00 PM - 11:00 PM

Co-ed Polymer Clay I Course

July 6 - July 9 (Grades 7 - Adult)  
8:30 AM - 12:30 PM

Co-ed Fun and Easy Painting Course

July 6 - July 9 (Grades 7- Adult)  
1:00 PM - 5:00 PM

Co-ed Drawing Course

July 6 - July 9 (Grades 6 -12)  
8:30 AM - 12:30 PM

Co-ed Monotype Course

July 6 - July 9 (Grades 6 - 12)  
1:00 PM - 5:00 PM

Girls Softball Camp

July 6 - July 9 (Grades 4 -12)  
1:00 PM - 5:00 PM

Girls Soccer Camp

July 6 - July 9 (Grades 4 -12)  
8:30 AM - 12:30 PM

Girls Soccer Goalie Camp

July 6 - July 9 (Grades 4 -12)  
8:30 AM - 12:30 PM

Girls Basketball Camp

June 29 - July 2 (Grades 4 -12)  
1:00 PM - 5:00 PM

Girls Golf Camp

July 6 - July 9 (Grades 7-12)  
1:00 PM - 5:00 PM

Girls Lacrosse Camp

June 29 - July 2 (Grades 4 -12)  
5:00 PM - 8:00 PM

Girls Speed & Endurance Camp

July 14, 16, 21, 23, 28, 30 (Grades 7-12)  
6:00 PM - 7:30 PM

**CO-ED PRINCIPLES OF SONGWRITING**

**COURSE**

Dates: June 29 - July 2  
Monday - Thursday 8:30 AM - 12:30 PM in the music room  
Enrollment: Grades 9 - 12  
Course Instructor: Nick Troiani  
Registration Fee: \$250.00

Students will learn techniques in effective songwriting. They will learn the importance of introductions, verses & choruses & how they effect the arrangement of a song. Students will work on their own creative pieces.

**GIRLS SPEED & ENDURANCE CAMP**

Dates: July 14, 16, 21, 23, 28, 30  
Tuesdays & Thursdays 6:00 PM - 7:30 PM  
Outdoors/Gymnasium  
Enrollment: Grades 7 - 12  
Camp Director: Michael Gleason  
Registration Fee: \$ 150.00

Top level instructor, camp to improve endurance, speed, strength and quickness for all sports. We will focus on running, jumping, and conditioning, individual goal setting, and setting up a summer work out schedule.

**GIRLS VOLLEYBALL CAMP**

Dates: June 29 - July 2  
Monday - Thursday 8:30 AM - 12:30 PM in the gym  
Enrollment: Grades 4 - 12, girls only  
Camp Director: Karen Andreone  
Registration Fee: \$250.00

**Designed for beginner to intermediate players**

Top level coaches, instruction in foot work and movement, underhand and overhead passing, serving techniques, attacking, basic offenses, blocking, defensive skills, serve-serve, campers grouped according to skill evaluation, tournament competition, individual player evaluation.

**CO-ED DANCE CAMP**

Dates: June 29 - July 2  
Monday - Thursday 8:30 AM - 12:30 PM in dance studio  
Enrollment: Grades 7 - 12  
Camp Director: Shelley Stoltz  
Registration Fee: \$250.00

**Designed for beginner to intermediate girls & boys**

Top level instructor, technique in ballet, jazz, modern, tap, improvisation, choreography, individual student evaluation, fully equipped dance studio.

**CO-ED BOOKARTS COURSE**

Dates: June 29 - July 2  
Monday - Thursday 8:30 AM - 12:30 PM in Room 303  
Enrollment: Grades 6 - 12  
Course Instructor: Jody Spadaro  
Registration Fee: \$ 250.00 Materials Fee: \$25.00

Explore the art of artist's bookmaking and complete either an accordion or origami style book using beautiful decorative and handmade papers. Artists will explore the mediums of their choice while completing their books with nature/botanical illustrations.

**GIRLS FASHION DESIGN/ILLUSTRATION COURSE**

Dates: June 29 - July 2  
Monday -Thursday 1:00 PM - 5:00 PM in Room 303  
Enrollment: Grades 7-12  
Course Instructor: Jody Spadaro  
Registration Fee: \$250.00 Materials Fee: \$ 20.00

An introduction to methods of illustration for the fashion designer. Students learn how to communicate design ideas in a fashion sketch by illustrating and rendering using a variety of media. Basic layout skills, theme boards, sources of inspiration, critique and editing processes are explored.

**CO-ED CHORUS CAMP**

Dates: June 29 - July 2  
Monday -Thursday 1:00 PM - 5:00 PM in the music room  
Enrollment: Grades 7-12 Camp Director: Nick Troiani  
Registration Fee: \$250.00

Top level professional, teach warm-up skills, projection, voice maintenance techniques, and singing in harmony.

**CO-ED DRAWING & PAINTING WITH WATERCOLORS COURSE**

Dates: June 29 - July 2  
Monday - Thursday 8:30 AM - 12:30 PM in Room 302  
Enrollment: Grades 7- Adult Course Instructor: Carolyn Bibow  
Registration Fee: \$250.00, Additional Material Fee: \$20.00

Top level instructor, cover the basics of watercolor painting, including color mixing, paint handling, & observational drawing. Will learn to select and simplify nature. Compositional elements such as balance & positive/negative space will be addressed. We will spend time outdoors, sunscreen, a hat, & drinking water are strongly recommended.

**CO-ED CPR/AED for the ADULT, CHILD & INFANT COURSE**

Dates: June 29 & June 30  
Monday & Tuesday 6:00 PM - 9:00 PM in the gym  
Enrollment: Grades 7- Adult Certified Instructor: Beth Muller  
Registration Fee: \$45.00 Additional Material Fee: \$16.00  
(For Book & American Red Cross Card)  
American Red Cross certified instructor.

This course combines lectures, demonstrations, & video with hands-on skills training and practice. This course prepares you to respond to breathing & cardiac emergencies, conscious & unconscious choking as well as training to use the automated external defibrillator. Upon completion of the course you will receive your American Red Cross card.

**CO-ED COMMUNITY FIRST AID COURSE**

Date: July 1  
Wednesday 6:00 - 9:30 PM in the gym  
Enrollment: Grades 7- Adult Certified Instructor: Beth Muller  
Registration Fee: \$45.00 Additional Material Fee: \$16.00  
(For Book & American Red Cross Card)  
American Red Cross certified instructor.

This course combines lectures, demonstrations, & video with hands-on skills training and practice. This course prepares you to respond to heat & cold emergencies, shock, sudden illnesses, poisonings, first aid for cuts, & scrapes to muscle, bone & joint injuries. Upon completion of the course you will receive your American Red Cross card.

**GIRLS SOFTBALL CAMP**

Dates: July 6 - July 9  
Monday - Thursday 1:00 PM - 5:00 PM on softball fields  
Enrollment: Grades 4-12, girls only Camp Director: Sr. Meghan McArdle  
Registration Fee: \$250.00

**Designed for beginner to intermediate players**

Top level coaches, emphasis will be placed on the fundamentals of the game; hitting, bunting, pitching, catching, infield and outfield play, base running and game strategy. Included in the sessions will be demonstration, drills, practice sessions and game competition. Campers grouped according to skill evaluation, and individual player evaluation

**CAMPERS MUST BRING THEIR OWN GLOVES, BATS, AND CATCHING EQUIPMENT EVERYTHING MUST BE CLEARLY MARKED**

**OLMA Camp/Course Registration Form**

(may be duplicated for use by others)

Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Home Phone #: \_\_\_\_\_  
Name of Parent/Guardian: \_\_\_\_\_  
Parents' Business #: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_  
Emergency Phone#: \_\_\_\_\_  
Camper's Physician: \_\_\_\_\_ # \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Age 6/09: \_\_\_ Ht: \_\_\_ Righty/Lefty: \_\_\_ Adult \_\_\_  
Students Grade Fall: 4 5 6 7 8 9 10 11 12  
Name of School Attending: \_\_\_\_\_  
Experience: \_\_\_\_\_  
Camper's Shirt Size:(Circle One) XS S M L XL  
Camps/Courses Attending: \_\_\_\_\_

How did you find out about camp? \_\_\_\_\_

I give permission for my child \_\_\_\_\_  
to participate in Our Lady of Mercy Academy's  
Camps and/or courses & certify that they are in  
good health & able to participate in all camp/course  
activities. She/he has no previous illness, disease  
or injury which contraindicates participation in  
camps/courses. If medical attention is required  
for illness or injury while attending camps/courses,  
I give my permission for such care.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Total Amount Enclosed: \$ \_\_\_\_\_

Please make checks payable to: Our Lady of Mercy Academy  
Please enclose separate checks for each camp &/or course.

Mail to: Our Lady of Mercy Academy  
2009 Summer Camps & Courses  
c/o Karen Andreone  
815 Convent Road  
Syosset, New York 11791

**Registration will not be accepted without a \$100.00 non-refundable deposit and signed registration form. Balance is due by June 1st. Transportation is not provided. We reserve the right to cancel any program if there is insufficient registration.**

**CO-ED FLORAL DESIGN COURSE**

Dates: June 3, 10, 17, 24, July 1, 8  
Wednesdays 6:00 PM - 8:30 PM in the front cafeteria  
Enrollment: Grades 9 - Adult (Space Limited)  
Course Instructors: Maria Favara & Helen Caines  
Registration Fee: \$100.00 Additional Material Fee: \$60.00  
Top level experienced designers. Learn to clean, cut & arrange fresh flowers in a vase & centerpiece. Learn to make a silk wreath. Students must supply wire cutters, glue gun & glue for the first class. Silk flowers must also be purchased by students for class Wednesday, June 24th.

**CO-ED COMEDY COURSE**

Dates: June 29 - July 2  
Monday- Thursday 8:30 AM -12:30 PM in the back cafeteria  
Enrollment: Grades 9 - Adult  
Course Instructor: Bryan Kennedy  
Registration Fee: \$250.00  
Learn the fundamentals of writing and performing comedy.